

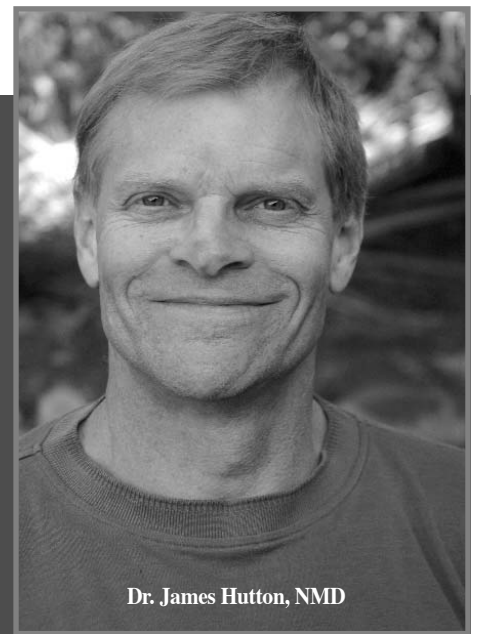
Oxygen: Healing Elixir for the Body

By Mikaela Quinn

Dr. James Hutton N.M.D. is a man who always gets his wish.

When he was six years old the only thing he wanted for Christmas was a chemistry set and a microscope. Santa came through for him.

When Hutton was a third-year Naturopathic medical student, he was struck by a doctor's comment in a video: I've chosen to treat the impossibles and the incurables. "While watching that video, I sent up a prayer to that Great Spirit who moves through all things: That's what I want to do, treat the impossibles," said Hutton. "And the Great Spirit answered my request."



Dr. James Hutton, NMD

Today, Hutton practices naturopathic medicine in Sedona, Arizona. People come to him from all around the country after their allopathic medical doctors tell them there is no cure for whatever they have. Many of his patients ask him to do the impossible. "In all humbleness, many times, I'm able to do that," Hutton acknowledges.

The Naturopath's core training is to find the cause of disease, treating the whole person, their lifestyle, diet, habits and emotional state. But 10 years ago, Hutton shifted into a leading edge practice by adding "bio-oxidative therapies" to his classical naturopathic healing methodologies.

Also known as "Oxygen Therapy," bio-oxidative therapies are the medically supervised use of oxygen compounds – hydrogen peroxide, ozone, and Ultraviolet Blood Irradiation (UBI) – for effective treatment of a variety of illnesses.

UBI has proven effective in relieving many symptoms and helping detoxify the liver, kidneys and colon. The Knott Machine, used for over five decades, treats small amounts of blood to ultraviolet light; the treated blood destroys and inhibits bacterial and viral growth and increases oxygen. Hutton owns and uses an original Knott Machine. According to him, 44 papers have been published in conventional medical literature documenting the benefits of UVI. In 1938, for example, Dr. Hutton recalls, "... they were curing polio in LA, documented in the papers, and septicemia or blood poisoning [with the Knott Machine]."

He wanted an original machine, and acquired his in 1997 from a retired surgeon who had graduated from medical school in 1942. "He practiced in Memphis for 54 years, and he said, 'Give me all the pills in the world or this machine, and I will take this machine,'" Dr. Hutton remembers.

"From the German perspective, ozone therapy helps almost everything from A to Z – from acne to Herpes zoster," according to Dr. Hutton.

He explains medical ozone therapy is commonly used in German, Russian, Indian, and other hospitals and clinics around the world, yet the techniques are not taught in American medical schools because most funding for our conventional medical schools comes from drug companies.

According to Dr. Stephen Levine, a renowned molecular biologist and author of the book, *Oxygen Deficiency: a Concomitant to All Degenerative Illness*, the pharmaceutical industry ignores oxygen therapy. "This is because oxygen and ozone are natural gases – they cannot be patented, therefore they are not profitable for them," Levine writes.

Hutton trained in oxygen therapies in the early 1990s and is licensed by the Medical Society for Ozone Therapy located in Stuttgart, Germany, the oldest accredited body for medical ozone in the world.

In the mid-1970s, Hutton studied Electrophysiological Technology at Duke University Medical Center in Durham, NC. Simply put, he measured all the electrical parameters of the body through EKG, brain wave tests, and nerve conduction velocity studies. "I worked as a tech

for 15 years, and I've worked in every area of a hospital except for labor and delivery, psych and pharmacy," he said. But he became disillusioned with the conventional medical paradigm and its approach to health and healing. "I watched patients die regardless of what was done for them. Then I just woke up one day and realized I was part of a problem and not part of a solution." His search for a more effective medical modality led him to Naturopathy. He graduated from the National College of Naturopathic Medicine in Portland, Oregon, in 1992.

"It does appear that people are coming down with chronic illnesses at a much earlier age – I've seen people in their younger years presenting illnesses that you shouldn't see until their later years," he said.

Lack of oxygen in the body may be a contributor to bad health. According to Dr. Levine, low oxygen in the body tissues is an indicator for disease. "Hypoxia, or lack of oxygen ... is the fundamental cause for all degenerative disease," he writes.

The German scientist, Otto Warburg, was awarded the Nobel Prize for Medicine in 1931 and again in 1944 for his achievement in demonstrating that cancer cells are anaerobic, which means they thrive in an oxygen-depleted environment.

Hutton describes the body as a furnace. "You can build the best fire with all your wood and kindling, but if you don't have enough oxygen we all know the fire is not going to burn," he said. "Literally, that's what happens in the body. If you don't have sufficient oxygen on board, then body function, particularly thyroid function, isn't correct so nothing else is going to work properly. One can have the best supplements nutritionally speaking but if there isn't enough oxygen on board to metabolize them they're being wasted."

According to Hutton, the body produces a chemical responsible for the release of oxygen at the tissue site to be utilized by the body. Ozone therapy enhances that process and, in turn, enhances oxygen efficiency and the body's own anti-oxidant systems. Supporters of the treatment say it also removes toxins and rejuvenates the whole body.

"We're all stressed in this 21st century," said Hutton. "Many people think the oxygen therapies are a panacea, and I'd like to tell people that when used properly they can help almost any condition."

Are you plagued with a condition you wish would go away? Be careful what you wish for – especially if you tell Dr. Hutton. He's a man of science, but he's also got awfully good connections. Just ask him how he got his first microscope.

Oxygen Therapy cont. on page 13...

For more information about this and other treatments call:
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Dr. James Hutton, NMD
Naturopathic Medical Doctor

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OXYGEN THERAPY HAS PROVEN EFFECTIVE FOR MANY SYMPTOMS

CHRONIC VIRAL INFECTIONS

(RESPIRATORY, HEPATITIS, EPSTEIN-BARR)

BACTERIAL INFECTIONS

(SEPTICEMIA, WOUNDS, STAPH, STREP, E-COLI, PNEUMONIA, OSTEOMYELITIS)

INFLAMMATORY PROCESSES

(FIBROIDS, BURSITIS, IRITIS, PANCREATIS, ASTHMA, EMPHYSEMA, VASCULAR, TROMBOPHLEBITIS)

NOXIOUS SPIDER BITES AND SCORPION STINGS

GASTROINTESTINAL COMPLAINTS

(CROHN'S, COLITIS, ULCERS, IRRITABLE BOWEL SYNDROME)

ENDOCRINE DYSFUNCTION

(HYPER AND HYPOTHYROIDISM, ADRENALS)

IMMUNE AND AUTO IMMUNE ILLNESS

(AIDS, RHEUMATOID ARTHRITIS)

ENVIRONMENTAL ILLNESS

(CHEMICAL SENSITIVITIES)

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