

We must own and use the feminine within each of us - the part of us that receives.

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It is the part that is all encompassing.

It is the part of us that can surround something, conceive its purpose and give birth to it.

Every moment of every day we are surrounded and nurtured by a presence of unconditional love. That presence is the Earth Mother. In reviewing my life I can't find an experience that has been as sweet, all encompassing, magnetic and powerful as my awakening to the divine feminine. This experience took place when I was initiated into the Q'ero shamanic tradition from Peru. The Q'ero tradition is very feminine in nature and this is one of the reasons I was drawn to it. Eventually I was completely transformed by the power of the feminine and as a result of her influence have committed to realizing my potential and living my purpose in this lifetime.

One of the first truths I began to work with is that we all have a masculine and feminine principle. This is amazing to realize! Even if you are a man in this lifetime you have a connection to the power of the feminine within you. I have found that by learning to co-operate with the power of the women in my life and the power of my own feminine principle, I have come into co-operation with my higher self. When I do this I am exploring my unknown counterpart. Life then takes on a balance and rhythm that can best be described as walking in beauty.

To realize and use the power of the feminine within us we have to develop a relationship with the feminine. Reaching out to her love and power can do this. I do this by honoring and connecting with the Earth Mother, my wife, daughters and all my female friends. As a person who walks the medicine way I remember that these women are teaching me about the feminine and its power. They also remind me to stay in balance with my masculine and feminine and use my power as a man appropriately.

In addition to the actions I have already described, we can use contemplation to explore the power of the divine feminine. Contemplation is not rational thinking, it is more meditative and I like to fashion it as thinking with the heart. Feminine power is magnetic. It is the force in the universe that draws all things to it with the magnetic force of unconditional love. It is also all encompassing - it surrounds what it draws to it with its magnetism. Once it surrounds something, it conceives its purpose and gives birth to it. I have found that a person can learn a lot about the divine feminine and masculine by contemplating a man and woman making love. Masculine energy is the energy of intention and action. The feminine receives the action or life force from the masculine, conceives it and gives birth to new life.

So what does all this mean? How can we use this information and turn it into experience and power on the physical plane? We must own and use the feminine within each of us - the part of us that receives. It is the part of us that is irresistibly magnetic. It is the part that is all encompassing. It is the part of us that can surround something, conceive its purpose and give birth to it. In nature the male has to win the female's affection before she will conceive and give birth to their young. There is a great teaching here. Feminine power is the steadying force of evolution. For progress to be life affirming instead of destructive it has to pass the test, the test of the divine feminine. Take a moment now to ponder the impact on our world if we paused and contemplated all of our actions based on the feminine perspective. An incredible point to ponder, isn't it? As a result of contemplating this I strive at all times to check all action with the feminine inside me and outside of me.

Taking all this into account has brought an extraordinary amount of beauty and power into my life. If my action is not bearing fruit, I pause. I pause to consider the implications of my action. I then consider that perhaps I am using my masculine principle when I should be using my feminine. Maybe it is a time for me to receive instead of being in action. If I am in receiving mode and nothing is happening, I ponder, switching to my masculine side and embarking on a path of action. Identifying, nurturing and working with these two complimentary opposites within me has brought a rhythm to my life that I previously would never have imagined was possible.

Today I consciously work with my feminine and masculine principles. I acknowledge that from the great unknown that is the feminine, my masculine side will be sparked into being creative. I contemplate if my actions will be life affirming. I realize that it will be the feminine within me that will conceive and give birth to my intention. This means that I must work with the fact that there is a time for receiving and a time for action. If one of these forces is out of balance in my life, then I am no longer in the flow of the great dance between the feminine and the masculine. I then pause (become feminine) and receive the adjustments that are necessary from my spirit and then make them.

If you are in action and that action is not penetrating and bearing fruit, perhaps you need to switch to becoming feminine. If you have been waiting to receive and nothing seems to be happening, perhaps action is required before the feminine in you can give birth to your purpose. My wish for you and for our world is that we all honor the divine feminine and once again remember we are a part of the cosmic dance between the feminine and the masculine. Both of which are divine.

John English, the modern day shaman, teaches and writes on a variety of subjects including energy medicine, shamanism and the Medicine Wheel. He is the award-winning author of The Shift: An Awakening, Energetic Tools for an Energetic Universe and The Little Book on Relationship. John is the Chairman/Founder of DreamTime, LLC, and an international speaker. He is available for private sessions and can be contacted through the websites www.mydreamtimellc.com or www.NoSpiritLeftBehind.com, he and his family reside in Phoenix, AZ.



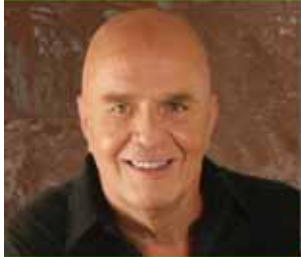
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