

## West Nile Nightmare

“It was the day after my birthday. I had really bad cramps in my stomach, headache, fever and I couldn’t move my head, it hurt so bad.” - Anna, 15-year-old daughter

“On September 15, my 15 year-old daughter, Arianna, complained of not feeling well. A busy teenager, she had recently been to California on a camping trip. By the next day, she presented a fever of 104 degrees and she could not eat or lift her head from the pillow. She had a deep cough. The sides of her arms and her front chest had an ugly red rash. At first, I thought that it was a simple bug. But when it didn’t seem to get better in a few days and she continued to be unable to eat, eventually shedding eight pounds, I knew it wasn’t a simple bug.


“By this time I didn’t care what it might be called, if it was a bacterial or viral whatever. I knew it was bad and I wasn’t going to take a chance with my daughter’s life. I had met Doctor Hutton, in a synchronistic kind of way, the month before. I remembered hearing of this UBI - the Ultraviolet Blood Irradiation treatment that so many of people were having success with. It really didn’t matter if it was viral or bacterial, or fungal; the UBI would take care of them all.”

“I called the office and they said the Doctor could see me right away. No waiting time. We flew up to Sedona the next morning. During the examination, the doctor found 8-9 mosquito bites around my daughter’s waist and then we had a clue that it was most probably the West Nile Virus. Maricopa County, where we live, has the largest number of cases reported this year. The green-treed irrigated areas attract mosquitoes. But she could have also gotten it while camping in Ca. Both areas have reported cases.”

“Arianna was given the treatment. UBI, Ozone, Hydrogen Peroxide, Meyer’s Push and an autogenous vaccine. We brought her home. She was feeling much better the next day and began eat again and then two days later she was completely well. She was able to be aback at school with in a few days!”

“I really believe whether its viral, bacterial fungal, the West Nile Virus, Avian Flu or whatever the current illness, the UBI and Oxygen treatments that Dr. Hutton offers are the best modern healing treatments available anywhere in the Southwest.” -*Sheryl, medical doctor from Scottsdale and mother of Arianna*

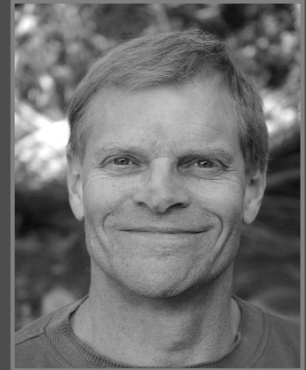
For more information about this and other treatments call:

**928-203-9013**  [jhutton@npgcable.com](mailto:jhutton@npgcable.com)

**Dr. James Hutton, NMD**

*Naturopathic Medical Doctor*

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Dr. James Hutton

## health news

### A Natural Solution is available for those who may not choose the Flu Vaccine

New on the market and easy to take, GlobalCeuticals, Inc., a local Sedona company, is proud to introduce **RECEPTOL®** - a cutting-edge oral spray that has many benefits for your overall health and immune defense. It works on a cellular level by protecting the cells from unwanted pathogens. With the receptor sites of a cell filled by **RECEPTOL®**, pathogens cannot “dock” to cause a problem. If you should come down with the flu, recovery time and severity of symptoms can be averted by bolstering your immune strength through increasing your dosage.

**RECEPTOL®** is currently undergoing Phase 3 Clinical Trials Bombay, India with the full-support of the Indian Government to reveal effectiveness for a number of maladies. But according to Directors, Adrian Weber and Kathleen Francis, this product is being made available now at a reduced price to help during this year’s flu season. **RECEPTOL®** is a highly refined biotech formulation that undergoes a delicate and complicated patented process, which generates perhaps the most sophisticated nutraceutical available to date.

The **RECEPTOL®** approach is a natural one without the adverse possible side effects that a vaccine can deliver along with the benefits. So, take a deep breath and know that you can breath easy knowing that “help is on the way” in the current dilemma that may pose a threat to you or your loved ones. GlobalCeuticals’ mission is to produce natural products that act like a prescription drug to bring healing conditions for many chronic and difficult health challenges. More about their products can be seen at [www.globalceuticals.com](http://www.globalceuticals.com) and are available through some local practitioners and Big Park Pharmacy.



**928.284.3132 [www.globalceuticals.com](http://www.globalceuticals.com)**

# healing modalities



Layna Cirelli,  
KMI Structural Integration  
(Excerpt from *A Dynamic Relation to Gravity*, Edward W. Maupin, Ph.D.)

## Expansional Balance in Structure and Gravity

Grace and ease are the natural condition of the human frame in space. Millions of years on this planet have brought us to a standing posture uniquely human, one which uses gravity as a positive energy flow to create expansion in three dimensional space. The deepest mechanism of our skeletal form is expansion in gravity: "expansional balance", a three dimensional expression of the human potential.

Imagine that the body exists to bring hands and feet into contact with what it needs in the world. All the rest of the structure functions to get them there. The core stabilizes, the shoulders and hips reach out, and every joint opens to bring about the contact of palms and soles with the world.

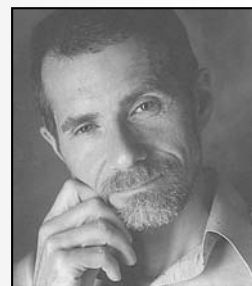
Imagine too that the hands and feet are sensory organs, which listen as well as act, receiving stimulation which feeds the entire rest of the body. Most sense anyone has of a surrounding world comes from only six sources, and palms and soles are four of the six, the other two being the head and the pelvic floor. The hand and feet especially feed the core with vital information, not least of which is auditory, for the palms and soles can hear. A body receiving vibration like this (through the hands and feet) feels spacious inside, a vibrating volume. The outside and the inside are not so strictly distinguished, because outside is being experienced inside. Every joint is open, flexors and extensors balanced so that the expansion takes place out from the center. The external surface of the body is no longer such a barrier to feeling, and one is no longer looking out at the world through chinks in a cave wall. Such a body is already a world of delight, because it is capable of pleasure. For most people, expansional balance is only a potential, never fully to be realized. From toddlerhood to early childhood our bodies are clearly evolving toward expansional balance: bowed legs straighten and arches form. That process lasts into adulthood and beyond. Some dancers, athletes, and exceptionally graceful people completely evolve an expansional balance and retain it all through their lives. Most of us, including dancers and athletes, never fully gained it or else lost it somewhere along the way.

Accidents, even minor unremarkable ones, broke our continuity, and the body compensated for small, but crucial displacements. Unbearably traumatic experience caused us to freeze; fear kept us contracted; shame made us want to try to hide and be invisible; rage, or the fear of rage, led us to harden. We identify with dysfunctional patterns of moving, accepting the strange pelvic tensions and distorted shoulders of those who were our models. But above all, we become externalized. We avoid feeling the body, especially on the inside. We live in a visual, conceptual world which is largely defined by others, forgetting the core feeling of ourselves. Vision replaces kinesis (touch), and feeling is lost. When the omnidirectional expansion of the body is blocked, the unitary movement of the body, its structural integration in space, is compromised. If we want to reconstruct the expansional balance, we must find where the two-way exchange of palms and soles with the core is broken. Are the hands or feet withdrawn from contact? Are the legs or arms contracted into the pelvis or shoulder girdle? Can the body feel and move from the core? These are some of the questions that guide the work of structural integration.

**Layna Cirelli is a certified KMI Structural Therapist, practicing Tom Myers' ("Anatomy Trains - Myofascial Meridians") method of Structural Integration. Layna Cirelli, CLMT. Cottonwood office: 928.649.9822**

## Hands-On Medical Intuition

*What it is:*  
Advanced & Integrated  
Osteopathic  
Manual Therapies



A MULTI-SYSTEMS APPROACH TO HEALING

### Who can benefit?

- Those who have pain, or persistent conditions that have not been explained and are not satisfied with previous treatments
- Those who've been told "You have to live with it"
- Those who've been told "It's all in your head"

*If pain management is your only option...*

If nothing else has worked...

No matter what symptom....no matter what condition...



There is hope...and I CAN HELP

Luc J. Chabot Ph.D. LCSP(Phys)

928.399.0424

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